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Positive behaviors and skills transferred by games: how to reinforce them

Game formats vary from country to country and are delivered in variable forms. Some games revolve around digital mediums, there are other formats such as role play, board games, adventure, simulations, cards amongst other forms.

Many of these games are important in helping promote positive behaviors, develop learning and advancing existing skills. One strong benefit of for example educational skills is the cognitive development of an individual. In this case young people can help increase their reasoning ability as well as advance their knowledge (O'Brien, 2003).

These types of game also support critical thinking. Critique and critical thinking are important elements of cognitive development as they allow young people to make better and more informed decisions.